



Thank you for your application to study A Levels at our amazing High Pavement Sixth Form Centre, part of Nottingham College.

We're excited to be welcoming you to Nottingham College this September. Soon you'll be receiving your invitation to one of our enrolment events so that you can secure your place with us. This invitation should be with you early in August.

To help you prepare for A Levels at Nottingham College we have produced some materials and other resources for you. These are for your benefit so please do your best to look through the information relevant to the courses you have applied for. We hope you find them useful in preparing for A Level study. If you have any questions please don't hesitate to get in touch with us.

TASKS, RESOURCES AND RESEARCH

First of all, please do your best to borrow or buy the textbook Flanagan, C., (2015) AQA Psychology for A Level: Year 1 and AS. Illuminate publishing and read pages 6-13.

YouTube can also help you. A series of videos called Psych Boost are especially designed to support the AQA specification we will follow on this course. Watching any of these videos will be useful and give you an insight into Psychology.

However, we suggest you start with Approaches which is the first topic we study.

Using the internet find out as much as you can about one or more of the following Psychologists:

- Bowlby (attachment)
- Loftus (eye-witness testimony)
- Milgram (obedience)
- Zimbardo (conformity)

And finally, using the internet and Psychoboost make a list of the clinical characteristics, explanations and therapies for one or more of the following disorders:

- Depression
- Obsessive Compulsive Disorder
- Phobias

LEVEL UP for Psychology

This course is all about examining the link between people's behaviour and their environment. Studying psychology will give you an amazing insight into the human mind, you'll conduct research, discuss and debate the big issues with your fellow classmates and discover the work of the great pioneers in the field.

In the first year you'll explore social influence, memory, attachment, approaches in psychology, psychopathology and research methods. In year two you'll focus on issues and debates in psychology, and in particular you'll choose three areas of focus from topics that include relationships, gender, cognition and development, schizophrenia, eating behaviour, stress, aggression, forensic psychology and addiction.



A career in Psychology

Psychology provides an excellent gateway for a wide range of higher education courses. Criminology, forensics and policing is one avenue. Others could include education, child development and youth studies, law, marketing, health sciences and sociology.

A rich and rewarding career utilising your knowledge of Psychology could include:

- marketing research/marketing professional
- counsellor or mental health worker
- a career in medicine or health-related industry
- lawyer
- criminologist or forensic scientist

Careers with children, adults with mental health needs or perhaps reforming offenders are all avenues you could explore for the future.



More about studying at High Pavement

Taking care of you

Our Student Wellbeing team run activities, sessions and programmes to support your wellbeing. They also organise trips, host events and encourage you to get involved in a whole range of activities and movements in College and nationally. So, if you're passionate about the environment, why not join the Green Society, and if you want to champion LGBTQ rights, join our LGBTQ society. If you want to suggest setting something up, we're up for that too!

Who do you talk to?

Your Personal Tutor: if you need help with your course let them know right away.

Achievement Coach: if you are worried about things outside your course and you need to speak to someone, they'll be able to help you. If they can't resolve the issue, they will put you in touch with someone who can.

Careers Adviser: they can help you get advice and information about your next steps, plus work and training options. They can also access a range of support to develop the skills you need to progress to university, and ultimately into employment.

Specialist UCAS Advisers: they are at High Pavement to help with choosing your options, completing your UCAS application, and preparing for interviews. This can be particularly useful in preparing for Oxbridge, or those more difficult to access application processes, such as for medicine and veterinary science.

Student Services: if you need to talk to someone confidentially to discuss money or get some health advice, they are here for you.

Sports and activities

Love sport? You could take part in sports clubs and inter-college competitions. If you want to relax, we host stress-busting sessions to help you with your studies. We also have a wide range of sports on offer for beginners, plus activities such as British Sign Language and driving theory skills. Our specialist sports academies offer dedicated training in different sports, with the opportunity to gain coaching qualifications alongside your studies. You could even be in with the chance to apply for USA university sports scholarships. Find out more on our website.